



Counting in the Kitchen: Supporting Resources

Description

It's easy to mix up some fun with math when kids help with the cooking.

Book Suggestions

Mom and Me Cookbook by Annabel Karmel

1-2-3 Peas by Keith Baker

Splat! by Mary Margaret Pérez-Mercado

Mouse Count by Ellen Stoll Walsh

Bear in a Square/Oso en un cuadrado by Stella Blackstone

More Ideas to Try (articles and resources)

Cooking with Kids <http://www.pbs.org/parents/food-and-fitness/eat-smart/cooking-with-kids/>

Math Skills Multiply in the Kitchen

<http://www.pbs.org/parents/kitchenexplorers/2011/01/06/math-skills-multiply-in-the-kitchen/>

Dinnertime Diversions

<http://www.pbs.org/parents/food-and-fitness/eat-smart/dinnertime-diversions/>

Sharing Everyday Math Experiences with Kids

<http://www.pbs.org/parents/experts/archive/2005/04/sharing-everyday-math-experien.html>

Discussion Questions

The mom in the video clip remembers cooking with her mother and grandmother when she was young. What memories do you have of preparing food with family members when you were a child? What favorite foods or recipes from your past have you introduced to your own children?

What math skills is the daughter practicing as she makes a cake with her mother? What else is she learning as she works with her mother?

Watch for the different dishes and utensils that the mother and daughter use as they cook together. How can the cooking tools that you have in your kitchen cupboards and drawers help children learn about math?

How does your child help in the kitchen? What things can she do by herself and when does she need help?

Visit tpt.org/learn for more tips and resources.

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